



RSVP Connections

Connecting Senior Volunteers with Community Needs

June 2003

GET OUTSIDE AND VOLUNTEER

Western New Yorkers love summer—especially after a long, cold winter like the one we’ve just experienced! We try to get outside every minute that we can to enjoy the warm air, blue sky and cooling breezes off Lake Erie. This summer, consider one of the volunteer opportunities that will keep you outdoors while you provide an important service for the community.

Volunteer at Buffalo & Erie County Naval & Military Park

If you have a passion for history, especially U.S. military history, then you have “the right stuff” to become a docent at the Naval & Military Park. The Naval Park is home to the only guided missile cruiser open to the public, USS *Little Rock*; the destroyer USS *The Sullivans*; and submarine USS *Croaker*. More than 55,000 people annually come to Buffalo to tour the Naval Park, which is located on the waterfront at the foot of Main Street behind HSBC Arena in downtown Buffalo.

The Naval Park’s volunteer docents offer guided tours of the Naval Park museum, grounds, and the vessels for school and community organizations. Recently, I had the privilege of a private tour through the USS *Little Rock* and the USS *Croaker* by RSVP volunteer Frederick Moorhouse, who is one of the outstanding docents at the Naval Park. Mr. Moorhouse spent 3 years in the Navy during World War II, including 14 months on a submarine. On the submarine, we viewed the engine room, the torpedoes, the small area where 36 men bunked each night, the kitchen, and even the officers’ shower stall. Mr. Moorhouse painted a vivid picture of what life was like for the 70 men who were responsible for the operations of the submarine and the completion of the mission. His enthusiasm for the subject, his knack for story-telling, and his reverence for what the submarine stood for were obvious, and I left with a deeper appreciation and understanding for what those in the “silent service” did for our country.



The Naval Park has a variety of volunteer positions, but is particularly in need of docents. Docents receive training and become familiar with each ship before leading the tours. You can become an integral part of your national heritage, while enjoying the waterfront, meeting interesting people, and learning more about history—what a great way to spend your summer!

Inside this issue...Spotlight on Meals on Wheels of Buffalo and Erie County, New Volunteer Opportunities, The LIFE Project, and **much, much more...**

Volunteer at : Tifft Nature Preserve and Beaver Meadow Nature Preserve

As urban sprawl progresses, it's harder to find a spot to enjoy that most pleasant of summer activities—taking a walk through a meadow or woods to hear the birds sing and the insects hum, and lose yourself in the peace of a summer afternoon. If this fits your idea of a grand way to spend your day, then why not become a volunteer at a nature preserve!

On a warm morning in May, I eagerly left the busy streets of downtown Buffalo behind. In less than 15 minutes, I found myself walking down a path at Tifft Nature Preserve, flanked by a meadow on one side and an inlet of Lake Erie on the other. Located just off Tifft St. near Rte. 5 in S. Buffalo, the Tifft Nature Preserve is part of the Buffalo Museum of Science. I joined up with a group of preschoolers who were listening intently to their tour guides, RSVP volunteers Charlotte and “Woody” Deutch. The Deutch's started volunteering at Tifft in 1979, shortly after they retired. They usually give tours together: Charlotte leads the group, and Woody follows behind to make sure the youngsters stay together. Woody told the children, “We're traveling the way a flock of geese does. An adult is in front, and another adult in the back, with the younger geese in between.”



As the group moved down the trail, Charlotte pointed out a hole toward the top of a tree trunk. She told the children that during a past tour, the group saw a mother raccoon resting on a flattened area above the hole, and three newborn raccoons peeping out of the hole. Then Charlotte pointed to marks on the lower part of another tree trunk. She explained that beavers have to chew on wood in order to wear down their front teeth. Otherwise, the teeth continue to grow and eventually become so long that the beaver cannot open its mouth to eat. The children were fascinated as each one carefully examined the marks.

I asked Woody and Charlotte what they consider to be the best thing about volunteering at Tifft Nature Preserve. They agreed, “It's good for us!” They enjoy a long walk and being outdoors. They also feel energized by the responsiveness of the groups to what they see and hear on the tours. “When you give a good tour, you think, ‘that was a great morning,’ said Charlotte. “You come away with a real high.”

Another RSVP site, Beaver Meadow Nature Preserve, sponsored by the Buffalo Audubon Society Inc., is located in Java, NY. Both preserves need volunteers to act as tour guides for groups of school children, scouts, and other visitors. New guides receive training from staff naturalists and environmental educators. Then they observe tours given by experienced guides, and later assist with these tours. When the volunteer feels comfortable, he or she begins to lead the tours. On-going training and library/media resources allow volunteers to continue their own environmental education. The Preserves also need greeters to provide information and assistance within the Visitors Centers.

Volunteer Opportunities are always listed on the Department's website through www.erie.gov/depts/seniorservices or by calling us at **858-7548**. Are there any areas of interest, or any non-profit agencies, that you think should be added to the RSVP Opportunities List? **Let us know your thoughts.** Call, write, or e-mail at dowlingp@erie.gov.



Volunteer at: The Buffalo Zoo

If you haven't been to the Buffalo Zoo lately, you may have forgotten what a beautiful place it is. While the thrill of watching the elephants, giraffes, monkeys, and other species draws crowds to the Zoo, RSVP volunteer Mike Petrinec, Past President of the Buffalo Zoo Docents Organization, remarked that people often overlook the "garden" component of the Buffalo Zoological Gardens. In fact, he reminds us the plants are as important as the animals to each habitat area.

Through guided tours given by Zoo docents, visitors gain a greater understanding of both animal characteristics and ecology. The docents are volunteer teachers in the Education Department at the Zoo who are well prepared for their roles. Docents teach in several different settings, including tours on the Zoo grounds for groups of all ages, visits with the Zoomobile and Zoo Trunk to locations outside the Zoo, as well as many additional programs both on grounds and in the community. Mike Petrinec has been a docent at the Zoo for about nine years. He has been fascinated with science and nature since his youth, and is happy to have the opportunity to share what he has learned with others, especially children. He is concerned about how humans have impacted the natural world, and hopes that children today will strive to find ways that humans can better survive in the natural world while using its resources more wisely.

After applicants are interviewed and oriented, they attend a program that requires one day of training per week for 13 weeks. Following the training, field review, and a graduation ceremony, docents will lead their first tours, with annual peer reviews. Zoo volunteers are asked to commit to at least 70 hours of service a year, and to one full calendar year of service following completion of training. Docents can apply for further instruction to handle specially-trained animals. They also have the opportunity to meet with other zoo and aquarium docents around the U.S.A.

If you are interested in animals and would enjoy sharing this knowledge with zoo visitors, please call the RSVP office at 858-7548.

Enjoy the great outdoors! Have a happy and safe summer!



Patricia Dowling, Director

The Buffalo Urban League provides **free** computer training for people 55 and over for work and volunteer work. Computer classes are held at 15 East Genesee Street, with free parking and bus transportation. In their modern computer classroom, each student is taught computer basics using the most popular computer programs available today. Morning and afternoon classes are available. Call Philip Siddons at 854-7625, extension 221 for enrollment information.



VOLUNTEERS WANTED

Improve your own health and fitness while helping others

The Erie County Department of Senior Services is seeking dependable, outgoing and enthusiastic individuals to volunteer as fitness instructors for the senior community. All volunteers will be instructed on helping others to find the personal empowerment which is generated by stronger bodies, improved health and quality of life.

The objective of the new Senior Fitness Program is to maintain and enhance the health and fitness levels of all senior residents in Erie County. To date, the program has been implemented at six senior centers with hopes to expand throughout the county. Volunteers will be assigned to a center near their home.

Richard Derwald, Program Coordinator of this new and exciting program, has an extensive background in fitness and is looking forward to working with volunteers committed to health and wellness through exercise. You may see him several times a week on Adelphia Cable's "Living Prime Time" program.



Volunteer Senior Fitness Trainer– Position Description:

Qualifications: Dependable, outgoing and enthusiastic. No age requirement or limit.

Experience: None required. The program will conduct complete training for all volunteers.

Note: Persons with a Physical Education or related background are encouraged to consider utilizing their experience to help our community as a Senior Fitness Program Volunteer.

Location: Volunteers will be assigned to a senior center near their home.

Time Required: Volunteers will be asked to contribute at least 1 1/2 hours per week (including travel to and from the center). Additional time, such as serving as a trainer for more than one center, will be sincerely appreciated.

Duties: Educate, motivate, and inspire program participants while conducting exercise classes.

Benefits: Ongoing fitness and wellness education. Trainer uniforms (sweatshirt and Tshirts). Volunteers will be making an investment in their own personal health and fitness and will have the rewarding opportunity of helping others. A list of additional benefits is being compiled.

**For more information on becoming a Senior Fitness volunteer,
call the RSVP office at 858-7548.**

If you are an active RSVP volunteer, consider further involvement by serving on the **RSVP Advisory Council**. Duties would include meetings every other month to discuss RSVP's program evaluation and development, volunteer recognition, and public awareness of the program. If interested, call Pat Dowling now at 858-7548.

The RSVP program is just one component of Erie County Senior Services. We have expert case managers who know about all kinds of programs, services, and benefits for people who are 60 and older. If you or someone you know has a question or needs assistance, call the

Erie County Department of Senior Services at 858-8526.

New Initiative: The LIFE Project

How many of us know an older person who has lived in the neighborhood for years, and now needs just a little help with the housework, yard work, or other chores in order to stay in the home that he or she loves? This senior may not have family, friends, or financial resources to secure the help that he or she needs. Have you ever thought, “There must be people who can help?”

This was the scenario that motivated the American Red Cross, Greater Buffalo Chapter, to start the LIFE (Lifeline to Independence for the Elderly) Project. The LIFE Project organizes volunteers of all ages, including high school students, families and retirees. Volunteer positions are extremely flexible; adults can serve on their own, in pairs, or as an adult mentor with youth. Volunteers visit an older person and provide in-home services, such as light housekeeping, yard work, friendly visits and more. Helping seniors remain safe and healthy in their own homes is the LIFE Project’s

primary goal. However, the project also hopes to give different generations a chance to learn from each other and build relationships.

RSVP volunteers are needed to mentor youth or provide friendly visits for homebound seniors. Perhaps you have worked with youth as a teacher, coach, or scout leader. Consider putting your skills to work as a mentor for a team of students that is committed to assisting older people in the neighborhood. Mentors help make the experience rewarding for both the students and seniors by facilitating intergenerational dialogue. Students gain valuable insight from the older person’s rich stories and experiences, while seniors have the opportunity to feel valued and appreciated.

The LIFE Project currently offers services on Buffalo’s Upper and Lower West Side. However, service areas are expanding. For more information about becoming an adult mentor or friendly visitor, please call the RSVP office at 858-7548.

Do you have questions about Medicare? Insurance? Benefits?
Curious about housing options such as assisted living vs. nursing homes?
Need help getting to doctors appointments or to the grocery store?
Wonder whether you qualify for tax rebates or utility reductions?
Do you need a speaker to address your community group or club?

Erie County Department of Senior Services can help—Call 858-8526.

Information about many programs and services are available on the web at
www.erie.gov/depts/seniorservices

Do you have dishes, glasses, pots and pans and other household items that you no longer use?
How about clothing that’s been in the closet and isn’t worn much anymore?

The St. Adalbert Response to Love Center runs a monthly thrift shop serving more than 400 people who purchase clothing, household and other items at very low prices. The goal of the thrift shop is to help people provide for themselves and their families while maintaining dignity and self-respect. To make a donation, call **Response to Love Center at 894-7030.**





The Spotlight is on.....

MEALS ON WHEELS OF BUFFALO & ERIE COUNTY

“Touching Lives with Food and Friendship”

When Richard Gehring, the Executive Director of Meals on Wheels of Buffalo & Erie County, makes the statement, “Volunteers are the lifeblood of the agency,” his words are put into action every Monday through Friday, as teams of volunteers deliver meals to elderly and disabled participants throughout Erie County. Without volunteers, Meals on Wheels could not carry out its mission of ensuring good nutritional care for the elderly and disabled in the program. Meals on Wheels recognizes volunteers as a very special part of the team. Calls from potential volunteers are given highest priority. Each new volunteer is interviewed to determine where the volunteer fits best into the program’s needs. Before delivering the first route, every new volunteer receives training in proper delivery procedures, safety, infection control, and what to do in case of emergency. Mr. Gehring stated that Meals on Wheels volunteers are recognized “daily, weekly, monthly, and yearly” in many different ways. At this year’s volunteer recognition, the agency will pay tribute to 18 volunteers who have given 20 years of service, and 2 volunteers with 25 years of service. There are even two current volunteers who have been with Meals on Wheels since the agency started 34 years ago!

What is expected of the Meals on Wheels volunteer?

Meals on Wheels volunteers are paired in teams of two—a driver and a server—to deliver meals along scheduled routes out of 22 sites throughout Erie County. Each participant along the route is delivered a nutritionally balanced, two-meal package. The volunteers receive driving



RSVP volunteers Joe & Pat Schanzer of Clarence as they deliver meals and a smile on their Meals on Wheels route.

directions for the route, and a set of cards on which the delivery of each meal is recorded along with any observations about participants’ well-being. Volunteers also spend a few moments conversing with each recipient. This brief socialization with the participant, who often lives alone, is often just as important as the meals that are provided. Volunteers also periodically provide the participants with informational flyers and brochures about nutrition and community resources available to senior citizens.

Did you know that –

- Last year, Meals on Wheels delivered more than 800,000 meals to 3,000 frail adults.
- Volunteers’ service in delivering meals saves the agency between \$350,000 and \$400,000 per year
- Annual food costs for one Meals on Wheels recipient is \$1200, compared to \$800 per day for a hospital bed, or \$200 per day for a nursing home bed.

To accommodate the schedules and demands of today's busy volunteers, volunteers can choose which day during the week is most convenient for them. The route requires only about one hour, and often can be completed during a lunch hour. Our "snowbirds" are welcomed to volunteer during the months that they are back in Erie County. Volunteers can act as substitutes to be called upon in case regular volunteers are not available. It is not even necessary to have a car to volunteer for Meals on Wheels—those without cars are paired up with volunteer drivers. In fact if a volunteer does not have transportation, Meals on Wheels will make arrangements to transport them to the delivery site. Volunteer drivers also may request reimbursement for each route that is delivered.



RSVP volunteers gave more than 5300 hours last year helping Meals on Wheels of Buffalo and Erie County and other Meals on Wheels organizations to help people remain independent in their own homes.

Where is help needed the most?

Meals on Wheels currently has a waiting list of 115 individuals, which is the lowest number in the history of the agency. However, as the area's elderly population continues to grow, the need for home-delivered meals will also grow. Volunteers are always welcomed at each of the 22 sites throughout the County, but there is greatest need for volunteers to deliver meals from the 8 sites in the City of Buffalo. These include sites in Black Rock, the Broadway area, the Jefferson area, East Buffalo, Lovejoy, North Buffalo, South Buffalo, and the West Side.

In addition to drivers and servers, volunteers also are needed to assist in Meals on Wheels offices, including marketing, public relations, and volunteer administration. Meals on Wheels also has opportunities for retired dietitians and nurses. Finally, enthusiastic and committed volunteers are sought to serve on the agency's Board of Directors.

All Meals on Wheels volunteers make a valuable contribution to enhance the quality of life for homebound recipients by showing them concern, compassion and caring. **Please call RSVP at 858-7548 for more information on how you can make a difference.**



You in the Spotlight... We want to know more about you! Please indicate any changes on opposite side of this page, and **add your e-mail address** if applicable. Then return to: RSVP, 95 Franklin St., 13th Floor, Buffalo, NY 14202 or e-mail to measerv@erie.gov.

Why do **YOU** Volunteer? What do you enjoy about it?

What kind of work have you done, either professionally or in your volunteer capacities? Would you be interested in speaking to schoolchildren about your experience?

Please contact the RSVP office if you begin volunteering at more than one volunteer station.

For example, if you read about an opportunity in the newsletter and contact the agency yourself, we have no way of knowing that you are giving hours of service at that agency. **There are two reasons that we want to know about your hours:** First, we want to recognize each volunteer for all hours of service given as an RSVP volunteer. Second, we want to add up all hours given by RSVP volunteers in our community for the reports that we submit to our funding agencies. When you contact the RSVP office, we will send that station a timesheet for you. Remember, if you are at more than one station, you will record your hours on a separate timesheet for each station.

RSVP---Pass It On! The best way to recruit new volunteers is through the recommendations of current, satisfied volunteers. Consider spreading the news about RSVP by sharing this copy of our newsletter with a friend that you think might find volunteering to be an enjoyable and worthwhile experience.

If you visit the **Erie County Fair** (Aug. 6—17) be sure to stop by the Senior Services booth in the Upper Grandstand and say “hi.” Case managers will be available to speak about the services and programs offered through the Department—caregiver assistance, insurance information, nutrition tips, transportation assistance, and much more!

Celebrity in Our Midst....Did you catch *Stories of Life*, the MusicalFare Theatre Company production which ran in April and May at Daemen College? This charming musical was based on reminiscences or stories of life from interviews with seniors from the WNY area. One of these fascinating people was Melanie Pawlik, an RSVP volunteer from Autumnwood Senior Center. Our thanks to Melanie and the 61 other wonderful seniors without whom we wouldn't have the *Stories of Life*.

Save the Date—Tribute Day will be held **Friday, September 26** at the Hearthstone Manor. Active volunteers may expect to receive their invitations in early September. If you have not completed a timesheet in the last 6 months, you are not considered active. You (and your service) are a gift to the community!



RSVP of Erie County
Dept. of Senior Services
95 Franklin St., Room 1381
Buffalo, NY 14202

WELCOME NEW RSVP VOLUNTEERS—WE'RE GLAD YOU'RE HERE!!

MARCH 2003

ANDERSON, RUTH E.
BARONE, SALLY A.
BAUCHLE, JANICE
BENZ, ALBERT M.
BURCH, HENRY C.
CAHILL, DANIEL
CALLANAN, KATHLEEN M.
CAMPBELL, THOMAS N.
CAVARETTA, PETER N.
CHENEY, JOHN C.
CHERRY, WILLIAM & AUDREY
CONOVER, VIRGINIA L.
CROWE, CATHY M.
DABROWSKI, JOSEPH M.
DePASQUALE, RUTH A.
ESTEP, HELEN J.
FOSTER, SHIRLEY E.
GARRISON, KATHLEEN P.
GAWRYS, PAUL F.
GRODEM, A. ISABELLE
HAHN, EDWARD W.
HERNEISEY, MARGE C.
HOTALING, FLORENCE
LoCASTRO, STEPHANIE P.
MAHONEY, MARY JOAN
POWERS, MARTIN V.
SCHWEIZER, JUNE M.
SCHWING, MICHAEL J.
SLOAN, THOMAS P.
STANDERWICK, CHONG
STEIN, MARGARET
STILES, ANN
TOPOR, STANLEY J.
WALZAK, JEAN
WALTERS, JOSEPH R.
WARNER, SANDRA J.
WELLS, JULIA A.
WILBERT, CASIMIR
WITMER, WALTER M.
WOJCIK, JACQUELINE J.

BUFFALO MUSEUM OF SCIENCE
AMHERST SENIOR CENTER - INFO DESK
AMHERST SENIOR CENTER - INFO DESK
MILLARD FILLMORE SUBURBAN HOSPITAL
MEALS ON WHEELS OF B&EC
ST VINCENT DE PAUL
AMHERST SENIOR CENTER - KNITTERS
RURAL TRANSIT - ORCHARD PARK
VA HOSPITAL
BEAVER MEADOW
AMHERST SENIOR CENTER - ACTIVITIES
AMHERST SENIOR CENTER - PROJECTS COORD
MILLARD FILLMORE SUBURBAN
BEAVER MEADOW
AMHERST SENIOR CENTER-INFO DESK
SOUTHTOWNS MOW-BOSTON
AMHERST SENIOR CENTER - ACTIVITIES
AMHERST SENIOR CENTER - INFO DESK
FOOD SHUTTLE OF WNY
AMHERST SENIOR CENTER - INFO DESK
MEALS ON WHEELS OF B&EC
AMHERST SENIOR CENTER - MOW
AMHERST SENIOR CENTER - COMM SERVICE
AMERICAN LUNG
ST VINCENT DePAUL
RURAL TRANSIT-CLARENCE
AMHERST SENIOR CENTER - TAP
BEAVER MEADOW
BUF MUSEUM OF SCIENCE
AMHERST SENIOR CENTER - KNITTING
AMHERST SENIOR CENTER - MOW
RURAL TRANSIT-SOUTH WALES
BUFFALO GENERAL HOSPITAL
AMHERST SENIOR CENTER - KNITTING
RURAL TRANSIT-SOUTH WALES
BEAVER MEADOW
AMHERST SENIOR CENTER- MOW
ST VINCENT DE PAUL
BEAVER MEADOW
RURAL TRANSIT-ORCHARD PARK

APRIL 2003

AGRO, ROSELLA G.
BEAMER, PAUL J.
BERMINGHAM, MICHAEL E.
BESANT, MARTIN J.
BOHNE, BRIAN G.

FOREST ELEMENTARY SCHOOL
B&EC MILITARY PARK
B&EC MILITARY PARK
RURAL TRANSIT - AURORA etc
RURAL TRANSIT - COLLINS

BRENNAN, JEAN M.
 BROOKS, BETTY J.
 BUBACZ, LILLIAN F.
 CARAOTTA, LORAIN F.
 CLEMEN, CARL F.
 DERNER, HELEN
 FANCHER, MARYJANE
 FREELAND, JOAN S.
 GESEL, DOROTHY A.
 KASKA, ROSEMARY H.
 KLOSTERMANN, SUZANNE G.
 LAZAR, DONALD N.
 LIPMAN, MARSHALL & SONDR
 LIPOWICZ, STANLEY & DORIS
 LONG, MARGARET A.
 LYNCH, MARY O.
 MOORHOUSE, FREDERICK J.
 NAPIERALA, CASIMER M.
 PAWLIK, MELANIE T.
 PHILLIPS, ANTOINETTE
 PIKE, GORDON J.
 PULLANO, PATRICIA A.
 RANSBURY, NORINE E.
 SELIG, EILEEN E.
 STEED, FLORA J.

GRAND ISLAND GOLDEN AGE CENTER
 ERIE COUNTY MEDICAL CENTER
 MERCY HOSPITAL
 GRAND ISLAND GOLDEN AGE CENTER- MOW
 VA HOSPITAL
 GRAND ISLAND GOLDEN AGE CENTER
 GRAND ISLAND GOLDEN AGE CENTER
 SALEM CONCORD NUTRITION
 UNION EAST ELEMENTARY
 TRIANGLE ACADEMY
 TRIANGLE ACADEMY
 HAMBURG SCHOOLS - CHARLOTTE AVE
 ROSWELL
 SALEM CONCORD NUTRITION
 B&EC MILITARY PARK
 GRAND ISLAND GOLDEN AGE CENTER - MOW
 B&EC MILITARY PARK
 VA HOSPITAL
 AUTUMNWOOD SR CTR
 OPERATION GOOD NEIGHBOR
 RURAL TRANSIT - AURORA etc
 GRAND ISLAND GOLDEN AGE CENTER - MOW
 OPERATION GOOD NEIGHBOR
 TRIANGLE ACADEMY
 CHARLOTTE SIDWAY SCHOOL

MAY 2003

BYRD, THEODORE R.
 CINO, MARIA J.
 FLUMERFELDT, KAREN A.
 GILBERT, RAE (Sue) A.
 KEARNEY, LELIA M.
 KLEPFER, PATRICIA A.
 MATSUI, PATRICIA M.
 MORAN, RAYMOND & JEANNETTE
 NADOLSKI, MARY H.
 NAISH, ALFRED J.
 PACER, JAMES J.
 PIWKO, ROBERT M.
 RACZKOWSKI, STR MARY C.
 RADKIEWICZ, STR JOHNICE
 SCHNEIDER, SHARON E.
 SEITZ, ANNE T.
 SHINE, DENNIS P.
 SILVERBERG, ROBERT H.
 SKINDELL, JAMES J.
 SZYMANSKI, STR ROSE M.
 TRONOLONE, JOHN & MELODY
 WEILER, MARIE L.
 YENDALL, JUDY
 ZYGA, CARMELLA J.

SISTERS HOSPITAL
 WEST SENECA SENIOR CENTER - SEWING
 RESPONSE TO LOVE
 WINCHESTER ELEMENTARY SCHOOL
 RURAL TRANSIT - COLDEN
 RURAL TRANSIT - EVANS
 MAPLE EAST ELEMENTARY SCHOOL
 BEAVER MEADOW
 RESPONSE TO LOVE CENTER
 BUFFALO ZOO
 WINCHESTER ELEMENTARY SCHOOL
 RESPONSE TO LOVE CENTER
 RESPONSE TO LOVE CENTER
 RESPONSE TO LOVE CENTER
 RESPONSE TO LOVE CENTER
 RESPONSE TO LOVE CENTER
 MAPLE EAST ELEMENTARY SCHOOL
 CITIZENS CORP(HOMELAND SECURITY)
 MAPLE EAST ELEMENTARY SCHOOL
 GRAND ISLAND GOLDEN AGE CENTER
 RESPONSE TO LOVE CENTER
 AMHERST SENIOR CENTER - MOW
 WINCHESTER ELEMENTARY SCHOOL
 RSVP-Special Project (Knitting Etc.)
 RESPONSE TO LOVE CENTER

PANKOW, NANCY

WELCOME BACK

CLARENCE SENIOR CENTER